

Chicken and Avocado Sandwich



Serves: 1

Preparation Time: 5 minutes

Cooking Time: 15 minutes

Ingredients:

- 90g chicken breast
- 50g [Mainland Cream Cheese](#)
- 2 slices light rye bread loaf
- 1 avocado, sliced
- salt and pepper to taste

Method:

- Season chicken, then steam or roast, depending on preference. Chill chicken.
- Spread Mainland Cream Cheese on both slices of bread
- Slice chicken and lay on 1 slice of bread. Add avocado and finish with second slice of bread.

